


# Extracts from Argentinian native plants reverse fluconazole resistance in *Candida* species by inhibiting the efflux transporters Mdr1 and Cdr1

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## Resumen

Background: The development of multidrug resistance (MDR) associated with the overexpression of the efflux transporters Mdr1 and Cdr1 in *Candida* species impedes antifungal therapies. The urgent need for novel agents able to inhibit the function of both pumps, led us to evaluate this property in 137 extracts obtained from Argentinian plants. Methods: The ability of the extracts to reverse efflux pump-mediated MDR was determined with an agar chemosensitization assay using fluconazole (FCZ) resistant Mdr1- and Cdr1-overexpressing clinical isolates of *Candida albicans* and *Candida glabrata* as well as *Saccharomyces cerevisiae*

strains selectively expressing Mdr1 (AD/CaMDR1) or Cdr1 (AD/CaCDR1). The resistance-reversing activity of the most potent extracts was further confirmed using a Nile Red accumulation assay. Results: Fifteen plant extracts overcame the FCZ resistance of *Candida albicans* 1114, which overexpresses CaMdr1 and CaCdr1, and AD/CaMDR1, with those from *Acalypha communis* and *Solanum atriplicifolium* being the most effective showing 4- to 16-fold reversal of resistance at concentrations  $\geq 25$   $\mu\text{g/mL}$ . Both extracts, and to a lesser extent that from *Pterocaulon alopecuroides*, also restored FCZ sensitivity in CgCdr1-overexpressing *C. glabrata* 109 and in AD/CaCDR1 with fold reversal values ranging from 4 to 32 and therefore demonstrating a dual effect against Mdr1 and Cdr1. Both, *A. communis* and *S. atriplicifolium* extracts at concentrations  $\geq 12.5$  and  $\geq 25$   $\mu\text{g/mL}$ , respectively, increased the intracellular Nile Red accumulation in all yeast strains overexpressing efflux pumps. Conclusions: The non-toxic and highly active extracts from *A. communis* and *S. atriplicifolium*, provide promising sources of compounds for potentiating the antifungal effect of FCZ by blocking the efflux function of Mdr1 and Cdr1 transporters.

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