



Problems of health and use of medicines in rural elderly in the province of Córdoba  
[Problemas de salud y uso de medicamentos en adultos mayores rurales en la  
provincia de Córdoba]

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#### Resumen

Discrimination in the elderly is a fact reaching socio-cultural and life and health. In our environment, there are no comprehensive health policies that tend to cover the basic needs of prevention and restoration of health from them. The actions to be carried out only to reach some areas, usually urban ones. The objectives of this study were to describe the prevalent health problems, medication use and possible relations between the two in a rural elderly population. In this way it was performed a volunteer household survey with closed questions. The results were: a rural population, of 72 years in average, with prevalence of cardiovascular problems. The most prescribed drug was enalapril. The 29.73% of patients did not receive health care in the last 6 months. Polypharmacy doesn't appear in this population. There is 15% of the population with untreated health problems.

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